



# Trichomoniasis



## What is Trichomoniasis?

Trichomoniasis is a common and persistent protozoan infection of the genitourinary tract, caused by the organism *Trichomonas vaginalis*.

## How is Trichomoniasis spread?

Trichomoniasis is spread during oral, anal or vaginal sex with someone who is infected.

## How is Trichomoniasis treated?

Prescription medications may be prescribed by a medical provider.

## It is important to:

- Take all medicines as prescribed even if you start to feel better.
- To prevent re-infection, inform sex partners that you have Trichomoniasis and encourage them to be tested and treated.
- Inform your health care provider if you think that you may be pregnant before taking any medications.
- Stop all sexual activity until treatment is completed.

## How can Trichomoniasis be prevented?

- No sexual activity is the best form of protection.
- Latex condoms, when used correctly and consistently can reduce the risk of infection.
- Have sex with only one person, who is known to be uninfected and is only having sex with you.
- Have regular exams if you are sexually active.
- If you think you have an STD, get tested and ask your partner(s) to get tested as soon as possible.

## Symptoms of Trichomoniasis:

- Yellow-green vaginal discharge in women
- Men may have a discharge from their penis
- Discomfort during urination
- Irritation or itching around the vagina

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